

Buddha Nature and the Five Wisdom Energies
Talk 1 – Beyond Distinctions of Samsara and Nirvana
September 9, 2009

The Aspiration of Samantabhadra

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**All that appears and exists, all of samsara and nirvana,
Has one ground, two paths and two results.
It is the display of awareness and ignorance.
Through the aspiration of Samantabhadra
May all be fully awakened
In the citadel of the dharmadhatu.**

(This part for recitation)

**The ground of all is uncomposed,
An inexpressible, self-arisen expanse
Without the names "samsara" and "nirvana."
If it is known, buddhahood is attained.
Not knowing it, beings wander in samsara.
May all beings of the three realms
Know the inexpressible ground.**

Daily Practice:

**Recite the Sutra of the Heart of Transcendent Knowledge
Recite the opening lines of the Aspiration of Samantabhadra
Sitting Meditation**

Web site for this course: <http://dawasangpo.com/nashua/wisdom>