

The Four Dharmas of Gampopa

Grant your blessings so that my mind may be one with the dharma.
Grant your blessings so that dharma may progress along the path.
Grant your blessings so that the path may clarify confusion.
Grant your blessings so that confusion may dawn as wisdom.

The Aspiration of Samantabhadra

HO
All that appears and exists, **all of samsara and nirvana**
Has one ground, two paths and two results.
It is the display of awareness and ignorance.
Through the aspiration of Samantabhadra
May all be fully awakened
In the citadel of the dharmadhatu.

.....If self-awareness remains in place
There is **no fear** even if the three-fold world is destroyed.

(The first seven lines are the beginning of the The Aspiration of Samantabhadra. The full text and commentary can be found in the book by The Dzogchen Ponlop Rinpoche, *Penetrating Wisdom: The Aspiration of Samantabhadra.*)

“Since there is no obscuration of mind, there is **no fear.**”

From *The Sutra of the Heart of Transcendent Knowledge*